

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
50.9	112	8 stone
51.4		8 st 1lbs
51.8		8 st 2lbs
52.3		8 st 3lbs
52.7		8 st 4lbs
53.2		8 st 5lbs
53.6		8 st 6lbs
54.1	119	8 st 7lbs
54.5		8 st 8lbs
55.0		8 st 9lbs
55.5		8 st 10lbs
55.9		8 st 11lbs
56.4		8 st 12lbs
56.8		8 st 13lbs
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57.3	126	9 stone
57.7		9 st 1lbs
58.2		9 st 2lbs
58.6		9 st 3lbs
59.1		9 st 4lbs
59.5		9 st 5lbs
60.0		9 st 6lbs
60.5	133	9 st 7lbs
60.9		9 st 8lbs
61.4		9 st 9lbs
61.8		9 st 10lbs
62.3		9 st 11lbs
62.7		9 st 12lbs
63.2		9 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
63.6	140	10 stone
64.1		10 st 1lbs
64.5		10 st 2lbs
65.0		10 st 3lbs
65.5		10 st 4lbs
65.9		10 st 5lbs
66.4		10 st 6lbs
66.8	147	10 st 7lbs
67.3		10 st 8lbs
67.7		10 st 9lbs
68.2		10 st 10lbs
68.6		10 st 11lbs
69.1		10 st 12lbs
69.5		10 st 13lbs
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70.0	154	11 stone
70.5		11 st 1lbs
70.9		11 st 2lbs
71.4		11 st 3lbs
71.8		11 st 4lbs
72.3		11 st 5lbs
72.7		11 st 6lbs
73.2	161	11 st 7lbs
73.6		11 st 8lbs
74.1		11 st 9lbs
74.5		11 st 10lbs
75.0		11 st 11lbs
75.5		11 st 12lbs
75.9		11 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
76.4	168	12 stone
76.8		12 st 1lbs
77.3		12 st 2lbs
77.7		12 st 3lbs
78.2		12 st 4lbs
78.6		12 st 5lbs
79.1		12 st 6lbs
79.5	175	12 st 7lbs
80.0		12 st 8lbs
80.5		12 st 9lbs
80.9		12 st 10lbs
81.4		12 st 11lbs
81.8		12 st 12lbs
82.3		12 st 13lbs
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82.7	182	13 stone
83.2		13 st 1lbs
83.6		13 st 2lbs
84.1		13 st 3lbs
84.5		13 st 4lbs
85.0		13 st 5lbs
85.5		13 st 6lbs
85.9	189	13 st 7lbs
86.4		13 st 8lbs
86.8		13 st 9lbs
87.3		13 st 10lbs
87.7		13 st 11lbs
88.2		13 st 12lbs
88.6		13 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
89.1	196	14 stone
89.5		14 st 1lbs
90.0		14 st 2lbs
90.5		14 st 3lbs
90.9		14 st 4lbs
91.4		14 st 5lbs
91.8		14 st 6lbs
92.3	203	14 st 7lbs
92.7		14 st 8lbs
93.2		14 st 9lbs
93.6		14 st 10lbs
94.1		14 st 11lbs
94.5		14 st 12lbs
95.0		14 st 13lbs
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95.5	210	15 stone
95.9		15 st 1lbs
96.4		15 st 2lbs
96.8		15 st 3lbs
97.3		15 st 4lbs
97.7		15 st 5lbs
98.2		15 st 6lbs
98.6	217	15 st 7lbs
99.1		15 st 8lbs
99.5		15 st 9lbs
100.0		15 st 10lbs
100.5		15 st 11lbs
100.9		15 st 12lbs
101.4		15 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
101.8	224	16 stone
102.3		16 st 1lbs
102.7		16 st 2lbs
103.2		16 st 3lbs
103.6		16 st 4lbs
104.1		16 st 5lbs
104.5		16 st 6lbs
105.0	231	16 st 7lbs
105.5		16 st 8lbs
105.9		16 st 9lbs
106.4		16 st 10lbs
106.8		16 st 11lbs
107.3		16 st 12lbs
107.7		16 st 13lbs
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108.2	238	17 stone
108.6		17 st 1lbs
109.1		17 st 2lbs
109.5		17 st 3lbs
110.0		17 st 4lbs
110.5		17 st 5lbs
110.9		17 st 6lbs
111.4	245	17 st 7lbs
111.8		17 st 8lbs
112.3		17 st 9lbs
112.7		17 st 10lbs
113.2		17 st 11lbs
113.6		17 st 12lbs
114.1		17 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
114.5	252	18 stone
115.0		18 st 1lbs
115.5		18 st 2lbs
115.9		18 st 3lbs
116.4		18 st 4lbs
116.8		18 st 5lbs
117.3		18 st 6lbs
117.7	259	18 st 7lbs
118.2		18 st 8lbs
118.6		18 st 9lbs
119.1		18 st 10lbs
119.5		18 st 11lbs
120.0		18 st 12lbs
120.5		18 st 13lbs
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120.9	266	19 stone
121.4		19 st 1lbs
121.8		19 st 2lbs
122.3		19 st 3lbs
122.7		19 st 4lbs
123.2		19 st 5lbs
123.6		19 st 6lbs
124.1	273	19 st 7lbs
124.5		19 st 8lbs
125.0		19 st 9lbs
125.5		19 st 10lbs
125.9		19 st 11lbs
126.4		19 st 12lbs
126.8		19 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
127.3	280	20 stone
127.7		20 st 1lbs
128.2		20 st 2lbs
128.6		20 st 3lbs
129.1		20 st 4lbs
129.5		20 st 5lbs
130.0		20 st 6lbs
130.5	287	20 st 7lbs
130.9		20 st 8lbs
131.4		20 st 9lbs
131.8		20 st 10lbs
132.3		20 st 11lbs
132.7		20 st 12lbs
133.2		20 st 13lbs
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133.6	294	21 stone
134.1		21 st 1lbs
134.5		21 st 2lbs
135.0		21 st 3lbs
135.5		21 st 4lbs
135.9		21 st 5lbs
136.4		21 st 6lbs
136.8	301	21 st 7lbs
137.3		21 st 8lbs
137.7		21 st 9lbs
138.2		21 st 10lbs
138.6		21 st 11lbs
139.1		21 st 12lbs
139.5		21 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
140.0	308	22 stone
140.5		22 st 1lbs
140.9		22 st 2lbs
141.4		22 st 3lbs
141.8		22 st 4lbs
142.3		22 st 5lbs
142.7		22 st 6lbs
143.2	315	22 st 7lbs
143.6		22 st 8lbs
144.1		22 st 9lbs
144.5		22 st 10lbs
145.0		22 st 11lbs
145.5		22 st 12lbs
145.9		22 st 13lbs
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146.4	322	23 stone
146.8		23 st 1lbs
147.3		23 st 2lbs
147.7		23 st 3lbs
148.2		23 st 4lbs
148.6		23 st 5lbs
159.1		23 st 6lbs
149.5	329	23 st 7lbs
150.0		23 st 8lbs
150.5		23 st 9lbs
150.9		23 st 10lbs
151.4		23 st 11lbs
151.8		23 st 12lbs
152.3		23 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
152.7	336	24 stone
153.2		24 st 1lbs
153.6		24 st 2lbs
154.1		24 st 3lbs
154.5		24 st 4lbs
155.0		24 st 5lbs
155.5		24 st 6lbs
155.9	343	24 st 7lbs
156.4		24 st 8lbs
156.8		24 st 9lbs
157.3		24 st 10lbs
157.7		24 st 11lbs
158.2		24 st 12lbs
158.6		24 st 13lbs
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159.1	350	25 stone
159.5		25 st 1lbs
160.0		25 st 2lbs
160.5		25 st 3lbs
160.9		25 st 4lbs
161.4		25 st 5lbs
161.8		25 st 6lbs
162.3	357	25 st 7lbs
162.7		25 st 8lbs
163.2		25 st 9lbs
163.6		25 st 10lbs
164.1		25 st 11lbs
164.5		25 st 12lbs
165.0		25 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
165.5	364	26 stone
165.9		26 st 1lbs
166.4		26 st 2lbs
166.8		26 st 3lbs
167.3		26 st 4lbs
167.7		26 st 5lbs
168.2		26 st 6lbs
168.6	371	26 st 7lbs
169.1		26 st 8lbs
169.5		26 st 9lbs
170.0		26 st 10lbs
170.5		26 st 11lbs
170.9		26 st 12lbs
171.4		26 st 13lbs
171.8	378	27 stone
172.3		27 st 1lbs
172.7		27 st 2lbs
173.2		27 st 3lbs
173.6		27 st 4lbs
174.1		27 st 5lbs
174.5		27 st 6lbs
175.0	385	27 st 7lbs
175.5		27 st 8lbs
175.9		27 st 9lbs
176.4		27 st 10lbs
176.8		27 st 11lbs
177.3		27 st 12lbs
177.7		27 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
178.2	392	28 stone
178.6		28 st 1lbs
179.1		28 st 2lbs
179.5		28 st 3lbs
180.0		28 st 4lbs
180.5		28 st 5lbs
180.9		28 st 6lbs
181.4	399	28 st 7lbs
181.8		28 st 8lbs
182.3		28 st 9lbs
182.7		28 st 10lbs
183.2		28 st 11lbs
183.6		28 st 12lbs
184.1		28 st 13lbs
184.5	406	29 stone
185.0		29 st 1lbs
185.5		29 st 2lbs
185.9		29 st 3lbs
186.4		29 st 4lbs
186.8		29 st 5lbs
187.3		29 st 6lbs
187.7	413	29 st 7lbs
188.2		29 st 8lbs
188.6		29 st 9lbs
189.1		29 st 10lbs
189.5		29 st 11lbs
190.0		29 st 12lbs
190.5		29 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
190.9	420	30 stone
191.4		30 st 1lbs
191.8		30 st 2lbs
192.3		30 st 3lbs
192.7		30 st 4lbs
193.2		30 st 5lbs
193.6		30 st 6lbs
194.1	427	30 st 7lbs
194.5		30 st 8lbs
195.0		30 st 9lbs
195.5		30 st 10lbs
195.9		30 st 11lbs
196.4		30 st 12lbs
196.8		30 st 13lbs
197.3	434	31 stone
197.7		31 st 1lbs
198.2		31 st 2lbs
198.6		31 st 3lbs
199.1		31 st 4lbs
199.5		31 st 5lbs
200.0		31 st 6lbs
200.5	441	31 st 7lbs
200.9		31 st 8lbs
201.4		31 st 9lbs
201.8		31 st 10lbs
202.3		31 st 11lbs
202.7		31 st 12lbs
203.2		31 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
203.6		32 stone
204.1		32 st 1lbs
204.5		32 st 2lbs
205.0		32 st 3lbs
205.5		32 st 4lbs
205.9		32 st 5lbs
206.4		32 st 6lbs
206.8		32 st 7lbs
207.3		32 st 8lbs
207.7		32 st 9lbs
208.2		32 st 10lbs
208.6		32 st 11lbs
209.1		32 st 12lbs
209.5		32 st 13lbs
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210.0		33 stone
210.5		33 st 1lbs
210.9		33 st 2lbs
211.4		33 st 3lbs
211.8		33 st 4lbs
212.3		33 st 5lbs
212.7		33 st 6lbs
213.2		33 st 7lbs
213.6		33 st 8lbs
214.1		33 st 9lbs
214.5		33 st 10lbs
215.0		33 st 11lbs
215.5		33 st 12lbs
215.9		33 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
63.6	140	10 stone
64.1		10 st 1lbs
64.5		10 st 2lbs
65.0		10 st 3lbs
65.5		10 st 4lbs
65.9		10 st 5lbs
66.4		10 st 6lbs
66.8	147	10 st 7lbs
67.3		10 st 8lbs
67.7		10 st 9lbs
68.2		10 st 10lbs
68.6		10 st 11lbs
69.1		10 st 12lbs
69.5		10 st 13lbs
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70.0	154	11 stone
70.5		11 st 1lbs
70.9		11 st 2lbs
71.4		11 st 3lbs
71.8		11 st 4lbs
72.3		11 st 5lbs
72.7		11 st 6lbs
73.2	161	11 st 7lbs
73.6		11 st 8lbs
74.1		11 st 9lbs
74.5		11 st 10lbs
75.0		11 st 11lbs
75.5		11 st 12lbs
75.9		11 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
76.4	168	12 stone
76.8		12 st 1lbs
77.3		12 st 2lbs
77.7		12 st 3lbs
78.2		12 st 4lbs
78.6		12 st 5lbs
79.1		12 st 6lbs
79.5	175	12 st 7lbs
80.0		12 st 8lbs
80.5		12 st 9lbs
80.9		12 st 10lbs
81.4		12 st 11lbs
81.8		12 st 12lbs
82.3		12 st 13lbs
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82.7	182	13 stone
83.2		13 st 1lbs
83.6		13 st 2lbs
84.1		13 st 3lbs
84.5		13 st 4lbs
85.0		13 st 5lbs
85.5		13 st 6lbs
85.9	189	13 st 7lbs
86.4		13 st 8lbs
86.8		13 st 9lbs
87.3		13 st 10lbs
87.7		13 st 11lbs
88.2		13 st 12lbs
88.6		13 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
89.1	196	14 stone
89.5		14 st 1lbs
90.0		14 st 2lbs
90.5		14 st 3lbs
90.9		14 st 4lbs
91.4		14 st 5lbs
91.8		14 st 6lbs
92.3	203	14 st 7lbs
92.7		14 st 8lbs
93.2		14 st 9lbs
93.6		14 st 10lbs
94.1		14 st 11lbs
94.5		14 st 12lbs
95.0		14 st 13lbs
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95.5	210	15 stone
95.9		15 st 1lbs
96.4		15 st 2lbs
96.8		15 st 3lbs
97.3		15 st 4lbs
97.7		15 st 5lbs
98.2		15 st 6lbs
98.6	217	15 st 7lbs
99.1		15 st 8lbs
99.5		15 st 9lbs
100.0		15 st 10lbs
100.5		15 st 11lbs
100.9		15 st 12lbs
101.4		15 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
101.8	224	16 stone
102.3		16 st 1lbs
102.7		16 st 2lbs
103.2		16 st 3lbs
103.6		16 st 4lbs
104.1		16 st 5lbs
104.5		16 st 6lbs
105.0	231	16 st 7lbs
105.5		16 st 8lbs
105.9		16 st 9lbs
106.4		16 st 10lbs
106.8		16 st 11lbs
107.3		16 st 12lbs
107.7		16 st 13lbs
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108.2	238	17 stone
108.6		17 st 1lbs
109.1		17 st 2lbs
109.5		17 st 3lbs
110.0		17 st 4lbs
110.5		17 st 5lbs
110.9		17 st 6lbs
111.4	245	17 st 7lbs
111.8		17 st 8lbs
112.3		17 st 9lbs
112.7		17 st 10lbs
113.2		17 st 11lbs
113.6		17 st 12lbs
114.1		17 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
114.5	252	18 stone
115.0		18 st 1lbs
115.5		18 st 2lbs
115.9		18 st 3lbs
116.4		18 st 4lbs
116.8		18 st 5lbs
117.3		18 st 6lbs
117.7	259	18 st 7lbs
118.2		18 st 8lbs
118.6		18 st 9lbs
119.1		18 st 10lbs
119.5		18 st 11lbs
120.0		18 st 12lbs
120.5		18 st 13lbs
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120.9	266	19 stone
121.4		19 st 1lbs
121.8		19 st 2lbs
122.3		19 st 3lbs
122.7		19 st 4lbs
123.2		19 st 5lbs
123.6		19 st 6lbs
124.1	273	19 st 7lbs
124.5		19 st 8lbs
125.0		19 st 9lbs
125.5		19 st 10lbs
125.9		19 st 11lbs
126.4		19 st 12lbs
126.8		19 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
50.9	112	8 stone
51.4		8 st 1lbs
51.8		8 st 2lbs
52.3		8 st 3lbs
52.7		8 st 4lbs
53.2		8 st 5lbs
53.6		8 st 6lbs
54.1	119	8 st 7lbs
54.5		8 st 8lbs
55.0		8 st 9lbs
55.5		8 st 10lbs
55.9		8 st 11lbs
56.4		8 st 12lbs
56.8		8 st 13lbs
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57.3	126	9 stone
57.7		9 st 1lbs
58.2		9 st 2lbs
58.6		9 st 3lbs
59.1		9 st 4lbs
59.5		9 st 5lbs
60.0		9 st 6lbs
60.5	133	9 st 7lbs
60.9		9 st 8lbs
61.4		9 st 9lbs
61.8		9 st 10lbs
62.3		9 st 11lbs
62.7		9 st 12lbs
63.2		9 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
63.6	140	10 stone
64.1		10 st 1lbs
64.5		10 st 2lbs
65.0		10 st 3lbs
65.5		10 st 4lbs
65.9		10 st 5lbs
66.4		10 st 6lbs
66.8	147	10 st 7lbs
67.3		10 st 8lbs
67.7		10 st 9lbs
68.2		10 st 10lbs
68.6		10 st 11lbs
69.1		10 st 12lbs
69.5		10 st 13lbs
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70.0	154	11 stone
70.5		11 st 1lbs
70.9		11 st 2lbs
71.4		11 st 3lbs
71.8		11 st 4lbs
72.3		11 st 5lbs
72.7		11 st 6lbs
73.2	161	11 st 7lbs
73.6		11 st 8lbs
74.1		11 st 9lbs
74.5		11 st 10lbs
75.0		11 st 11lbs
75.5		11 st 12lbs
75.9		11 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
76.4	168	12 stone
76.8		12 st 1lbs
77.3		12 st 2lbs
77.7		12 st 3lbs
78.2		12 st 4lbs
78.6		12 st 5lbs
79.1		12 st 6lbs
79.5	175	12 st 7lbs
80.0		12 st 8lbs
80.5		12 st 9lbs
80.9		12 st 10lbs
81.4		12 st 11lbs
81.8		12 st 12lbs
82.3		12 st 13lbs
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82.7	182	13 stone
83.2		13 st 1lbs
83.6		13 st 2lbs
84.1		13 st 3lbs
84.5		13 st 4lbs
85.0		13 st 5lbs
85.5		13 st 6lbs
85.9	189	13 st 7lbs
86.4		13 st 8lbs
86.8		13 st 9lbs
87.3		13 st 10lbs
87.7		13 st 11lbs
88.2		13 st 12lbs
88.6		13 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
89.1	196	14 stone
89.5		14 st 1lbs
90.0		14 st 2lbs
90.5		14 st 3lbs
90.9		14 st 4lbs
91.4		14 st 5lbs
91.8		14 st 6lbs
92.3	203	14 st 7lbs
92.7		14 st 8lbs
93.2		14 st 9lbs
93.6		14 st 10lbs
94.1		14 st 11lbs
94.5		14 st 12lbs
95.0		14 st 13lbs
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95.5	210	15 stone
95.9		15 st 1lbs
96.4		15 st 2lbs
96.8		15 st 3lbs
97.3		15 st 4lbs
97.7		15 st 5lbs
98.2		15 st 6lbs
98.6	217	15 st 7lbs
99.1		15 st 8lbs
99.5		15 st 9lbs
100.0		15 st 10lbs
100.5		15 st 11lbs
100.9		15 st 12lbs
101.4		15 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
101.8	224	16 stone
102.3		16 st 1lbs
102.7		16 st 2lbs
103.2		16 st 3lbs
103.6		16 st 4lbs
104.1		16 st 5lbs
104.5		16 st 6lbs
105.0	231	16 st 7lbs
105.5		16 st 8lbs
105.9		16 st 9lbs
106.4		16 st 10lbs
106.8		16 st 11lbs
107.3		16 st 12lbs
107.7		16 st 13lbs
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108.2	238	17 stone
108.6		17 st 1lbs
109.1		17 st 2lbs
109.5		17 st 3lbs
110.0		17 st 4lbs
110.5		17 st 5lbs
110.9		17 st 6lbs
111.4	245	17 st 7lbs
111.8		17 st 8lbs
112.3		17 st 9lbs
112.7		17 st 10lbs
113.2		17 st 11lbs
113.6		17 st 12lbs
114.1		17 st 13lbs

<i>kilos</i>	<i>pounds</i>	<i>stones/pounds</i>
114.5	252	18 stone
115.0		18 st 1lbs
115.5		18 st 2lbs
115.9		18 st 3lbs
116.4		18 st 4lbs
116.8		18 st 5lbs
117.3		18 st 6lbs
117.7	259	18 st 7lbs
118.2		18 st 8lbs
118.6		18 st 9lbs
119.1		18 st 10lbs
119.5		18 st 11lbs
120.0		18 st 12lbs
120.5		18 st 13lbs
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120.9	266	19 stone
121.4		19 st 1lbs
121.8		19 st 2lbs
122.3		19 st 3lbs
122.7		19 st 4lbs
123.2		19 st 5lbs
123.6		19 st 6lbs
124.1	273	19 st 7lbs
124.5		19 st 8lbs
125.0		19 st 9lbs
125.5		19 st 10lbs
125.9		19 st 11lbs
126.4		19 st 12lbs
126.8		19 st 13lbs